

BILLY BURKE TELLS WOMEN HOW TO GET THIN



By Billie Burke.

The First Word—You can't stretch your abdomen by overeating and expect to remain slender.

An English friend of mine said to me the other day, "I wonder why so many American women over thirty are stout?"

"Because they eat so much and exercise so little," I told her. "Most American men try to let their wives and daughters work as little as possible in the world."

"Their wives and daughters show it!" he exclaimed.

How shall I reduce my flesh?